Form 24 for 06.25.02

Undocking of Progress M1-8 (No. 257) from SM Aft Port

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:45	CDR FE-1, FE-2	Post-sleep
06:10-06:40		
06:40-07:30		BREAKFAST
06:45-07:00	CDR	Private medical conference (VHF)
07:00-07:50		BREAKFAST
07:30-08:00	FE-2, FE-1 CDR	Prep for work
07:50-08:00		
08:00-08:15		Daily planning conference (S-band)
08:15–08:45	FE-2	RELAKSATSIYA: study of Progress thruster plumes
08:15-08:35	CDR	Prep for work
08:30-09:15	FE-1	Safety placard installation
08:35–09:35	CDR	DC-1 ?3 fan: mesh screen cleaning
08:55–09:55	FE-2	Physical exercise (TVIS/active rest)
09:15–10:00	FE-1	Pulmonary Function in Flight (PuFF): FE-1 test
09:35–09:40	CDR	DC-1: verification of status of circuit breakers on ??? panel and fuses in Fuse Box Panel ???
09:40-10:20		Maintenance of ???
09:55–10:10	FE-2	Private medical conference (VHF)
10:00–11:30	FE-1	Physical exercise (RED)
10:10–10:50	FE-2	INTERACTIONS: data entry (FE-2)
10:20–11:50	CDR	Physical exercise (VELO+RED/ active rest)
10:50–11:30	FE-2	Cleaning of DC-1 air ducts ??1 & ??2
11:30–11:50		Filter R&R in DC-1 dust collectors ??1 & ??2
11:30–12:30	FE-1	Physical exercise (TVIS)
11:50–12:30	CDR	INTERACTIONS: data entry (CDR)
11:50–12:05	FE-2	RELAKSATSIYA: payload teardown
12:05–12:20	I L-Z	RELAKSATSIYA: Laptop 3 deconfig
12:30-13:30		LUNCH
13:30–15:30		Emergency egress drill
15:30–16:30		ISS crew orientation
16:30–16:45	FE-1	Daily payload status check
16:30–18:00	FE-2	Physical exercise (VELO+RED/ active rest)
16:30–17:15	CDR	Pulmonary Function in Flight (PuFF): CDR test
16:55–17:10	FE-1	Private medical conference (S-band)
17:10–17:20		CSA-CP data dump
17:15–18:15	CDR	Physical exercise (TVIS/active rest)
17:20–18:10	FE-1	INTERACTIONS: data entry and backup (FE-1)
18:15–18:45		Daily plan review

18:45–19:15	Report prep
19:15–19:30	Daily planning conference (S-band)
19:30–20:00	DINNER
20:00–20:30	Daily food prep
20:30–21:30	Pre-sleep
21:30-06:00	SLEEP

Note: See OSTP for references to US activities

End of radiogram